

Semi-Independent Living

Ann Arbor Apartment Program

Skills for Life.



Colin King, Ph.D.
Director of Adult Behavioral Services

Dr. King has been in the mental health field since 1994. His focus as a psychologist in clinical practice has been on severe behaviors, dual diagnosis, substance abuse and treatment of psychiatric disorders. Dr. King leads a team of clinicians whose focus is semi-independent programming. This team approach provides clients the tools they need to achieve the highest level of independence possible.



Apartment Features

- Townhouse and apartment options
- Accessible units
- Private bedrooms
- Close proximity to accessible public transportation
- Client-managed recreational clubhouse

About the Apartment Program

- Graduated program to allow for greater levels of independence in the least restrictive environment
- On-site professional treatment team
 - Occupational Therapists
 - Psychologist
 - Nurse
 - Case Manager
 - Recreational Therapist
- Vocational and educational focus
- Graduated medication management program
- Ann Arbor, Michigan program location - a community highly rated across the nation for an abundance of resources, accessible transportation and cultural opportunity
- Peer interaction model
- Program fosters independent financial management
- Coordination of driving evaluations/training
- Discharge planning and community care follow-up services

Available Therapies and Groups

- Individual therapy available
- Extensive offering of therapeutic groups, including:
 - Brain injury education
 - Executive skills
 - Orientation
 - Awareness
 - Mental health
 - Job skills
 - Community reintegration
 - Stress management
 - Leisure planning
 - Social skills
 - Independent living skills
 - Cooking
 - Women's group
- Individualized treatment plans
- Substance abuse counseling

About our Staff

- Program directed by Ph.D. level psychologist
- Nurse Practitioner – oversees comprehensive health and wellness services
- Professional staff availability 24/7:
 - Program Directors
 - Mental Health Clinicians
 - A Nurse Practitioner & Nurses
 - Case Managers
 - Residential Program Managers
- Low staff turnover

For inquiries or referrals:

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Visit our Web site at:
www.rainbowrehab.com