

Program Schedule

2009/2010 School Year



Saturday Day

10:00 a.m. –
3:00 p.m.

Saturday
Therapeutic Day & Community Outing

After School

	Monday		Tuesday		Wednesday		Thursday	
	Elem/Middle School	High School	Elem/Middle School	High School	Elem/Middle School	High School	Elem/Middle School	High School
4:30 p.m. – 5:15 p.m.	Cooking	Comm. Group	Team Building	Mental Health	Aquatics	Art Group	Aquatics	Cooking
5:15 p.m. – 5:45 p.m.	Dinner		Dinner		Dinner		Dinner	
5:45 p.m. – 6:30 p.m.	Comm. Group	Fitness	Mental Health	Team Building	Art Group	Fitness	Fitness	Aquatics

• Classes/therapies may be subject to change

Program Schedule Key

- Aquatics** Therapeutic swim
- Art Group** Using art and art making as a means of expression and communication (art therapy)
- Communication Group** Using written and spoken language to improve communication skills (speech language pathology)
- Community Outing** Community based outings / field trips (recreational therapy)
- Cooking** Basics: Following recipes, using a stove, oven and small appliances; kitchen safety
- Fitness** Cardio and strength building activities (physical therapy)
- Mental Health** Utilizing peer activities to build communication skills and teamwork
- Team Building** Building teamwork skills (recreational and occupational therapy)