

# Outpatient & Day Treatment

Abundant Resources  
Quality Services



**Heidi Reyst, Ph.D., CBIST**

## Program Director

*Dr. Reyst has worked in various capacities within the field of brain injury rehabilitation since 1991. She brings a broad range of experience as a Rehabilitation Assistant, Residential Program Manager, Program Director and currently as Rainbow's Systems Director and Program Director for the Ypsilanti based Outpatient and Day Treatment programs.*



## Treatment Centers

### Ypsilanti Center

Serving young adults and adults (18+ years) with brain and/or spinal cord injuries. This center features more than 25,000 square feet of treatment space, modern therapy equipment, a fully-equipped fitness center, therapeutic spa, sauna and indoor pool, greenhouse and wood working center. This location also is home to our administrative offices.

### Farmington Center

This center is located in downtown Farmington and serves children (6+), adolescents and young adults with brain injuries. The facility features a sensory integration room, private treatment rooms, modern therapy equipment, an accessible kitchen, a library and computer room, a fitness center, a gym, a therapeutic swimming pool and much more.

### NeuroRehab Campus

The campus serves adults with brain and/or spinal cord injuries and offers full neuro-recovery programs including active therapy, community outings and supported living for individuals with medical needs. The campus currently consists of two twenty-bed residential facilities (*licensed as Adult Foster Care homes by the State of Michigan*) and a Therapy Center. Each residential facility has a dining room, family/community room and both facilities share an activity room and salon. Almost all of the bedrooms are private with the exception of a few suites, and each bedroom has a private bath.

## Program Features

- Individualized care plans and treatment
- Routine progress meetings
- Peer grouping to promote socialization and skill building
- Rate structure: Outpatient services billed fee for service and Day Treatment services billed on a per diem basis

## Outpatient & Day Treatment Services

- Individual therapy disciplines include
  - Aquatic Therapy
  - Counseling
  - Occupational Therapy
  - Recreational Therapy
  - Speech & Language Pathology
  - Vocational Therapy
  - Behavioral Management
  - Mental Health Support
  - Physical Therapy
  - Respiratory Therapy
- Therapeutic groups include:
  - Cognitive computer lab
  - Functional skills
  - Dysarthria group
- Meaningful/high quality of life activities include:
  - Avocational skills
  - Social group
  - Leisure skills
  - Recreational outings
  - Fitness & aquatics
  - Mat / range of motion
  - Substance abuse group
  - Community skills
  - Activity night
  - Woodshop
- Transportation available on a fee for service basis
- Supervision provided by trained rehabilitation assistants, as needed

For inquiries or referrals:

**1.800.968.6644**

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[www.rainbowrehab.com](http://www.rainbowrehab.com)