

FOR RELEASE

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**The Central Park Jogger Discusses Life After a Brain Injury
An Interview with RainbowVisions Magazine**

YPSILANTI, Mich., November 29, 2007—Her identity remained a secret for over 14 years, a lone female jogger who was brutally assaulted one night in New York City's Central Park and left for dead. But in 2003, Trisha Meili, known to most as the Central Park Jogger, decided to reveal her true identity to the world and share the intimate details of her recovery and re-entry into the community.

In a recent interview with RainbowVisions magazine, a publication of Southeast Michigan-based Rainbow Rehabilitation Centers Inc., a provider of brain injury rehabilitation services to adult and pediatric patients nationwide, Meili discusses the pivotal role rehabilitation played in her recovery and candidly recounts the months of intense rehabilitation that followed.

When she awakened after nearly two weeks in a coma, she was literally starting from scratch, unable to walk or talk. In spite of the overwhelming nature of her injuries, she approached her rehabilitation with the same drive and tenacity she had as a Wall Street banker. With a dedicated team of rehabilitation specialists assisting her, she worked tirelessly to relearn basic skills she had lost as a result of the attack.

"My therapists were as invested in my recovery as I was," she said. "As a team, we set goals together."

At one point, Meili attended 35 one-hour group-academic sessions in order to achieve a college reading level, but not even intensive therapy could guarantee the return of every skill. Since her injury, Meili has had to implement compensatory strategies to increase her effectiveness and manage her time.

"I used a planner more and tried to follow established routines," she said. "If I stayed organized, I functioned better."

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In the fall of 1989, Meili returned to her job at Salomon Brothers where she continued to meet with professional success. She achieved a vice presidency and would eventually manage a unit in one of the company's most profitable divisions.

Today, she is an inspirational speaker addressing a wide range of audiences from business executives to healthcare professionals to survivors of a traumatic brain injury. Her message to survivors is clear.

"Yes, with brain injury, there are deficits, but instead of looking at the negative, look at what you can do."

To learn more about how Trisha Meili was able to resume her life following a brain injury, log on to www.rainbowrehab.com. For a free e-subscription to RainbowVisions magazine, select Education & Publications > Subscriptions.

About RainbowVisions Magazine

RainbowVisions magazine is a quarterly publication that covers all aspects of brain injury from clinical news, current technology, rehabilitation techniques, behavioral information and medical articles for industry professionals, patients and their families. It addresses both adult and pediatric issues.

About Rainbow Rehabilitation Centers Inc.

Rainbow Rehabilitation Centers Inc. headquartered in Ypsilanti, Michigan has been a provider of rehabilitation services for children, teens and adults with brain injuries since 1983. With more than 30 residential locations, two treatment centers, a NeuroRehab Campus and a vocational center, our organization offers services that span nearly every aspect of brain injury recovery and rehabilitation. Our residential settings include adult homes, child and adolescent homes, town houses and semi-independent living apartments. Day treatment and outpatient services are also available.

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